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### Cranberry Isles Rescue Service Triage for Acute Respiratory Illness, COVID

*Intent of this guide:*

1. Simplify and streamline the process for seeking COVID Rapid Testing within the Cranberry Isles.
2. To guide the Cranberry Isles Rescue Service, Great Cranberry Island Volunteer Fire Department, Islesford Volunteer Fire Department, Cranberry Isles Schools, Cranberry Isles Fisherman's Co-Op, Town Office, Cranberry General, Beal & Bunker staff and general public on triage information that will be gathered from suspected COVID patients and who to contact with that information.

<b>LOW RISK SYMPTOMS INCLUDE:</b>	<b>HIGH RISK SYMPTOMS INCLUDE:</b>
<ol style="list-style-type: none"><li>1. Body aches, fatigue</li><li>2. Runny nose/congestion</li><li>3. Nausea/vomiting/diarrhea</li><li>4. Allergy related symptoms</li></ol>	<ol style="list-style-type: none"><li>1. New, uncontrolled cough</li><li>2. Shortness of breath or difficulty breathing (not exercise induced asthma)</li><li>3. New loss of taste or smell</li><li>4. Fever (100.4 or higher), chills, rigors</li><li>5. Sore throat</li></ol>

If patient has Low Risk symptoms:

- Please call for a consultation in the event that symptoms worsen.
- Patient will be advised to stay home and self-monitor for 48 hours. Guidance will be given on high-risk symptoms and what to monitor for.
- Once symptom free for 24 hours, patient can go back to work / school (with consultation of school Nurse, Cathi Goebel).
- Physician's note may be required by school or employer.
- Cranberry Isles Rescue staff will document the consultation in the event that symptoms do not resolve or escalate.

If patient has Low Risk symptoms with ANY High-Risk symptom:

- Contact, Katelyn Damon, for triage.
- Cranberry Isles Rescue staff will start a telephone encounter log for the patient.
- Cranberry Isles Rescue staff will gather information on all symptoms.
- Cranberry Isles Rescue staff will recommend rapid testing and set up a time and place to conduct testing (within seven days of the onset of symptoms). Rapid tests are limited. Testing priority will be given to Fire / EMS staff and the school population.
- Patient will be asked to immediately self-isolate (leave work/ school).
- Cranberry Isles Rescue staff will go over day of testing procedures. Testing will be completed outside of the IVFD or GCIVFD fire stations. Patient will be asked to drive up and park and wait for Rescue staff to approach them.
- Patient will be asked to wear a mask at all times except when sample is collected for rapid test.
- Patient who is seeking rapid testing will be triaged again at time of test. Temperature will be taken, and other vital signs monitored, including blood oxygen saturation. Patient must be symptomatic in order to receive test.
- Rapid testing takes 15 minutes to process. Patient will be asked to wait in their vehicle while the test processes.
- After 15 minutes Rescue Service staff will inform the patient of outcome of their rapid test. Patient will be given paperwork reflecting the outcome of their test at that time as well.
- Cranberry Isles Rescue can only conduct rapid COVID testing- no flu tests, strep test, etc. Primary care should be contacted if rapid COVID test is negative for follow up regarding existing symptoms.
- All students, teachers and most community members require a letter to return to work, this letter will be provided by testing staff when results are finalized as noted above.
- **If rapid test is POSITIVE, patient will be asked to immediately self-isolate. Patient will be instructed to contact their Primary Care provider for follow-up PCR testing to confirm the positive rapid test. Patient should take care within their home and when leaving the islands for a PCR test so as not to infect others. Please hire a special boat to leave and return from PCR testing. If you cannot afford this, please contact Katelyn Damon.**

Triage

- Triage will be performed by Katelyn Damon. Katelyn can be contacted by calling (207) 479-8118. If you reach a voicemail, please leave a brief message with a number to return your call at.
- Triage will be conducted anytime during the hours of 9 am to 3 pm Monday through Saturday. If you are triaged and testing is recommended a plan for testing will be established.